



DRU YOGA WORKSHOPS

Dru Yoga & Meditation Sense of Balance – Peace of Mind

Dru Yoga offers you huge benefits; even a few sessions can make a difference. Come on this workshop and experience for yourself how satisfying and re-energising Dru Yoga can be.

SATURDAY – Nov. 3rd 10 to 1pm

SHAWNIGAN LAKE – Moon Dance Art House
1756 Wilmot Ave, Shawnigan Lake Village

Cost: \$40 + before Oct. 27 / \$45 +

For more information and registration:
Tel. 250 746 5485 / 1 604 936 3255
Email: druevents@shaw.ca

www.druworldwide.com www.drucanada.org



DRU YOGA WORKSHOPS

Dru Yoga & Meditation Sense of Balance – Peace of Mind

Dru Yoga offers you huge benefits; even a few sessions can make a difference. Come on this workshop and experience for yourself how satisfying and re-energising Dru Yoga can be.

SATURDAY – Nov. 3rd 10 to 1pm

SHAWNIGAN LAKE – Moon Dance Art House
1756 Wilmot Ave, Shawnigan Lake Village

Cost: \$40 + before Oct. 27 / \$45 +

For more information and registration:
Tel. 250 746 5485 / 1 604 936 3255
Email: druevents@shaw.ca

www.druworldwide.com www.drucanada.org